

Via Ferrata

The via ferrata trip is suitable for all people with some experience in rock climbing. It is very easy in terms of climbing as there is a wire and steps on most parts. It is however exposed on some parts thus is recommended to have previous climbing experience but not required. The via ferrata is located in the south of Heraklion region so those traveling from Chania region or eastern Crete need to be aware about the driving distance (1.5-2 hours).

It is an amazing place to be, the view to the sea and nearby mountains is outstanding. Not to be missed!

[100€/person](#) [Book](#)

[Rock climbers](#) will love the route. The view to the Lybean sea is outstanding as it is located in the heart of Asterousia mountains; a range in southern Crete separating the Messara valley from the Libyan Sea.

It starts very close from Kapetaniana village at 800 meters altitude. A must trip if you want to explore the real face of Crete!

About via ferrata.

The essence of a modern via ferrata is a steel cable which runs along the route and is periodically (every 1 to 10 metres (3.3 to 32.8 ft)) fixed to the rock. Using a via ferrata kit, climbers can secure themselves to the cable, limiting any fall. The cable can also be used as aid to climbing, and additional climbing aids, such as iron rungs (stemples), pegs, carved steps are often provided. Thus via ferratas allow otherwise dangerous routes to be undertaken without the risks associated with unprotected scrambling and climbing or the need for climbing equipment such as ropes.

They offer the relatively inexperienced a means of enjoying dramatic positions and accessing difficult peaks, normally the preserve of the serious mountaineer; although, as there is a need for some equipment, a good head for heights and basic technique, the via ferrata can be seen as a distinct step up from ordinary mountain walking. All equipment is provided by Enjoy-Crete; all you need is your shoes and a small rucksack.



FAQs

What to bring?

You will need to pack your lunch. Other than that you will need at least 1.5lt of water, sun glasses, hat and sunscreen along with a good hiking shoe or trail running shoes. Normal sport shoes can also be used but not recommended as the rock is quite sharp on some places and there is a big chance to make a hole on them!

Directions to the starting point?

Depending where you are located you will either meet with us in Heraklion (will send the exact spot by email) or direct in Kapetaniana village.

What time do we meet and finish?

We start around 10 am from Heraklion or earlier during the summer months to avoid the strong mid day sun. The via ferrata itself takes around 1.5-2 hours for experienced climbers or between 2-4 hours for non experienced. We also need roughly an hour and 15 minutes driving to get there.

Do you provide transfer?

We pick up clients from Heraklion town only and from a specific location as seen on this [Google Map](#)

[link](#) It is a big parking next to Talos Plaza shopping center. For an extra fee we might be able to pick up clients from other locations, please get in [touch with us](#) if you are not sure about available options.

I've never climbed before, can I join?

Yes as long as you are not overweight (max weight limit is 105kg), you are in good fit and don't fear the heights.

Is there a minimum participants need to run the trip?

We do need a minimum of 3 participants to confirm a trip. Individuals are welcome, but the trip will only proceed if a minimum of 3 persons register.

We can run the trip with either one or two persons but you will need to cover the extra cost up to 3 persons in total. [Contact us](#) with your available dates and we can let you know about availability.